



**PLEASE RATE YOUR ABILITIES BEFORE AND AFTER THE WORKSHOP WITH RESPECT TO THE EDUCATIONAL OBJECTIVES  
USING THE SCALE BELOW.**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	
<b>No Ability</b>			<b>Moderate Ability</b>		<b>Perfect Ability</b>		
<b>Objective</b>						<b>Before</b>	<b>After</b>
1. Define hypnosis in terms of flow experience.						_____	_____
2. Compare self-hypnosis and meditation.						_____	_____
3. Distinguish between empathy and sympathy.						_____	_____
4. State the mind-body connections essential to hypnosis.						_____	_____
5. Identify principles of improvisation in the invitation of hypnosis.						_____	_____
6. Describe the role of expectancy and context-setting in the hypnotic process.						_____	_____
7. Define the importance of utilization and permissive language in hypnosis.						_____	_____
8. Identify the importance of avolitional responsiveness in hypnotic experience.						_____	_____
9. Formulate treatable problem definitions.						_____	_____
10. Translate diagnostic abstractions into symptomatic patterns.						_____	_____
11. Define addiction in terms of short-circuit solutions.						_____	_____
12. Articulate the self-referential spiraling inherent in anxiety, panic, and depression.						_____	_____
13. Distinguish an encountering approach to hypnotherapeutic change.						_____	_____
14. Identify principles of improvisation in the invitation of hypnotherapeutic change.						_____	_____
15. Describe the role of metaphor, stories, and avolitional emulation in hypnotherapy.						_____	_____
16. Define hypnotherapy as a context for play and learning.						_____	_____

What did you like most about this workshop?

What did you like least about this workshop?

What specific suggestions do you have for improving this workshop?

Are there topics or speakers you would like at future workshops?

How did you find out about this workshop?